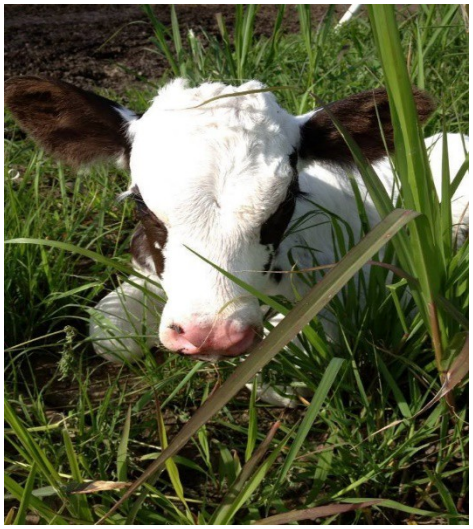
CSA Registration

Summer Session – 20 Weeks
March 13th, 2017 – June 4th, 2017



***Register Online (PDF form available) at:**

www.brookfordfarm.com/csa

***Mail form to:**

Brookford Farm
Attn: CSA Administrator
250 West Road
Canterbury, NH 03224

***Email:**

brookfordfarm.csa@gmail.com

Thank you for your support!

Eat with the Seasons!

COMMUNITY SUPPORTED AGRICULTURE (CSA)

A CSA Farm is one which forms a partnership with a community of individuals (members) who support the farm's operation through the purchase of shares. The members of the farm pledge in advance to cover anticipated production costs of the farm. In return, each week they receive some of the farm's bounty. Members also share some of the risk of farming, which could include poor harvests due to unfavorable weather or pests.

CSA Benefits:

- **Healthy food that is locally grown and freshly harvested!**
- **Being part of a community that supports the farm and the local economy.**
- **Knowing how your food is grown and that the land and animals are taken care of in a sustainable and humane manner.**
- **You are always welcome to visit and tour Brookford Farm anytime.**

Brookford Farm
Spring 2017 CSA Session

Brookford Farm is a diversified organic farm, located in Canterbury, NH that offers nutritious food for your entire diet.

- **100% Grass-Fed Dairy and Beef Products**
- **Certified Organic Vegetables**
- **Pasture Raised Pork and Broilers**
- **Pasture Raised Eggs**
- **Organic Maple Syrup**

Brookford Farm's CSA is a year round experience.
We offer three seasonal sessions:

Summer – 20 weeks – June-October
Fall/Winter – 20 weeks- October-March
Spring – 12 weeks- March-June

Distribution Locations

Amherst	Hollis	Plymouth
Canterbury	Exeter	Manchester
Concord	Nashua	Epsom
Deerfield	Hampstead	Salem
Dover		

Our Products

Dairy: Our cows eat a grass based diet of forages and grass crops as nature intended. Their high quality diet keeps them healthy and strong, producing the highest quality milk for our various dairy items. We have the deepest respect for our herd, our cows are never treated with artificial hormones or antibiotics.

Pastured Pork: Our hogs free range on the pastures and forest; foraging for a portion of their diet. Their active lifestyle combined with a natural diet supplemented with whey and New England, non-GMO, grain produces exceptionally flavorful and tender pork.

Grass Fed Beef: Our cattle graze on our pastures and are raised naturally without antibiotics. They are moved frequently to provide fresh sources of high quality forages. Seasonally their diet is supplemented with minerals, dry hay and bailage.

Vegetables: Our vegetables are certified organic. Your Summer share may include lettuce, kale, zucchini, summer squash, spinach, tomatoes, peppers, onions, radishes, carrots, beets, melon, parsley, cilantro, celery, dill, beans, broccoli, cauliflower, eggplant, swiss chard, leeks, sweet corn, cucumbers and more.

Pastured Poultry: Our poultry flocks spend much of the year foraging on pastures and are fed with organic grains to providing the highest quality eggs available anywhere.

Maple Syrup: We are proud to partner with North Family Farm to provide an organic maple syrup share.

Brookford Farm Base Share Options

Whole Diet Base Share: $987.00
This share is composed of vegetables, dairy, beef, pork and eggs.
This is the best possible deal anywhere on Brookford Farm!

Each week you will receive:

- 3 dairy credits
- 1 dozen eggs
- Certified organic vegetables

Each month you will receive:

- approx. 6 lbs. beef
- approx. 6 lbs. pork

Meat Base Share: $437.00
Each month you will receive:

- approx. 6 lbs. beef
- approx. 6 lbs. pork
-

Vegetable Base Share: $300.00
Each week you will receive:

- Seasonal organic vegetables

Add-on Supplemental Shares:

Dairy: $180.00 - 3 dairy credits/week
Pork: $207.00 - approx. 6 lbs. pork/month
Beef: $234.00 - approx. 6 lbs. beef/month
Ground Beef: $153.00 - approx. 6 lbs. ground beef/month
Stew Hen: **$78.00** – 2 stew hens/month
Broilers: $175.50 – 2 broilers/month
Eggs: $84.00 - 1 dozen eggs/week
Fermented Veggies: $96 - 1 jar/ week
Aged Sausage: $120.00- approx. ½ lb./week
Organic Maple Syrup: $60.00 – 1 qt /month

Brookford Farm CSA
Partner Distribution Program

Brookford Farm recognizes the importance of community access to nutritious, locally grown food. If you would like to be part of bringing food to your community, this program might be for you.

What is required:

- Organize a group of CSA members in your area (minimum amount of members required depending on location).
- Provide a location (residential or work place).
- Collect member requests for dairy each week.
- Manage bottle deposits/refunds.

Benefits to you:

- Savings: You will receive a 5% credit towards your next sessions share on the gross sales of the members you recruit.
- Convenience: Weekly share delivered right to you!